



# GANESHA

Mantra Script & Meaning

## ABSTRACT

Every Beginning has an intention. Lay this with the energy frequencies of Lord Ganesha

Acer

Nakshatra



*Om Gam Ganapataye Namaha:*

ॐ गं गणपतये नमः ।

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## *How To Use This Gaxesh Mantra To Remove Obstacles*

1. Please wash your face, feet and hand.
2. Assume an asana comfortable for you in a place of your choice.
3. Light an incense or dhoop for the Fire and Air element to transform your speech.
4. Listen to the mantra in your headphones or via speaker.
5. Follow each pronunciation carefully.
6. You can keep an intention to fulfil in alignment with the energies of mantra.
7. Complete either 9/21/27/54 or 108 repetitions

PS: For prayoga shastra, we suggest you to complete a 21 day program of Chandrika.

## **A generic meaning would be as below:**

The seed word, Gam has many ripples of frequencies. One of the significant ones is to provide a destination; a goal.

Ganapathi, a chief of all Ganas (Celestial beings in charge of all units of perception). His celestial power dispels all obstacles, clearing the path and easing the realisation of the goal. His elephant head is indicative of the expansion of consciousness and deep insights of universe that become available once his essence is absorbed.

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## When to Chant?

1. Beginning of any new task
2. Beginning of Relationships
3. Before starting or signing up of any imp business deals
4. For gaining mastery over arts or any comprehension
5. For clearing the path of obstacles
6. For providing clarity
7. To awaken the Kundalini, the permission and preparation is done by him.

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